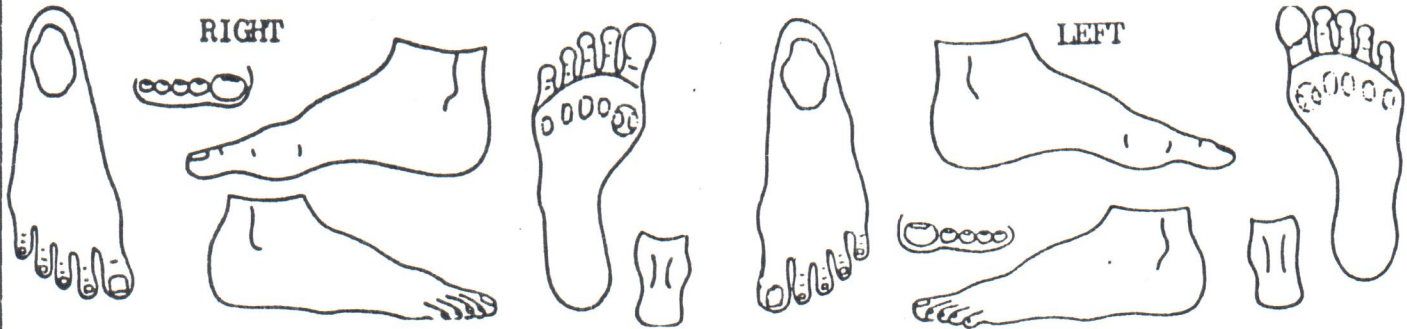


CURRENT MEDICAL PROBLEMS

Name _____

Date _____



Please mark the location of your first problem on the diagrams above with a number 1.

My first problem is on my ☐ Left ☐ Right ☐ Both feet.

When did it begin? _____

Describe the problem and the cause if you know it.

What type of pain or discomfort is it? Is the pain or discomfort:

- | | | |
|-----------------------------------|-------------------------------------|-----------------------------------|
| ☐ Aching | ☐ Burning | ☐ Mild |
| ☐ Dull | ☐ Shooting | ☐ Moderate |
| ☐ Sharp | ☐ Throbbing | ☐ Severe |
| ☐ Itching | ☐ Numbness | |
| ☐ Tingling | ☐ Tenderness | |

Is the pain or discomfort ☐ constant ☐ intermittent?

If it is intermittent:
how many times does it hurt during a day? _____

when it hurts how long does it last? _____

Has it gotten ☐ better ☐ worse ☐ stayed the same?

In relationship to: Activity is it ☐ better ☐ worse ☐ the same

Shoes is it ☐ better ☐ worse ☐ the same

Rest is it ☐ better ☐ worse ☐ the same

Previous medical or home treatments _____

Please mark the location of your second problem on the diagrams above with a number 2.

My 2nd problem is on my ☐ Left ☐ Right ☐ Both feet.

When did it begin? _____

Describe the problem and the cause if you know it.

What type of pain or discomfort is it? Is the pain or discomfort:

- | | | |
|-----------------------------------|-------------------------------------|-----------------------------------|
| ☐ Aching | ☐ Burning | ☐ Mild |
| ☐ Dull | ☐ Shooting | ☐ Moderate |
| ☐ Sharp | ☐ Throbbing | ☐ Severe |
| ☐ Itching | ☐ Numbness | |
| ☐ Tingling | ☐ Tenderness | |

Is the pain or discomfort ☐ constant ☐ intermittent?

If it is intermittent:
how many times does it hurt during a day? _____

when it hurts how long does it last? _____

Has it gotten ☐ better ☐ worse ☐ stayed the same?

In relationship to: Activity is it ☐ better ☐ worse ☐ the same

Shoes is it ☐ better ☐ worse ☐ the same

Rest is it ☐ better ☐ worse ☐ the same

Previous medical or home treatments _____

For Doctors Use